

## SOUL: Attributes and Qualities

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A way to study the subject on "Soul" is to look up all the attributes and qualities that one can think of about Soul.

Think about:

- **what Soul is**
- **what Soul does**
- **what Soul frees me from**

*Here is my list, but I always am working each week to add to it. I try to affirm and acknowledge that these qualities are a part of my natural being. I reflect Soul because God IS Soul. The kingdom of Soul is within me.*

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### Words that describe Soul:

Calm  
Content  
Creativity  
Discerning  
Discerning  
Eloquence  
Essence  
Flexible  
Graceful  
Gracious  
Harmony  
Healed  
Holy  
Humor  
Identity  
Immortal  
Imperishable  
Individuality  
Insightful  
Inspired

Inspired  
Intact  
Intuitive  
Joy  
Music and art  
Only faculties  
Original  
Peaceful  
Precision  
Pure  
Refreshed  
Rejoicing  
Resourceful  
Satisfied  
Spiritual sense  
Spontaneous  
True vision  
Unconfined  
Unique  
Unlimited  
Whole

### What Soul does:

Attributes of Soul are manifested through man  
God is Soul: unchangeable and eternal  
Frees  
Gives infinite resources  
Governs all  
Has dominion  
Inspires  
Loves  
Reflects God  
Superior law

### What Soul frees me from:

Age  
Belief that soul is in body  
Birth  
Blindness  
Decay in matter  
Depression  
Growth  
Ignorance  
Lack of control  
Lack of understanding  
Limitation  
Loneliness  
Material consciousness  
Maturity  
Mortal mind  
Pain  
Physical passion and appetites  
Physical sensation  
Physical senses  
Sin  
Soul is not in matter