

# Isaac is born



# Introduction

This week's lesson continues from God calling Abraham and Sarah and focuses on the fulfilment of His promise.

Key points:

- Patience – We need to wait on God
- We can trust God even though things don't happen straight away.
- God will do what He promises.

## Lesson Guide

Begin by reviewing God's call of Abraham and Sarah. Ask if your child remembers what God promised Abraham and Sarah. (He would make them into a great nation.)

Since this lesson involves Abraham and Sarah preparing a meal for their guest, why not have a mini tea-party as a setting for this week's lesson.

In this week's lesson, there is also a recipe to make bread rolls. This is a wonderful activity to reinforce patience and give you another chance to run through the story and have a small meal together. Feel free to swap it for another family favorite.

Name several different tasks to your child. Ask them to say if the task is easy or difficult. For example, playing with toys, standing on one leg, and so on. You could also make the task interactive by setting challenges.

Ask your child if anything is too hard for God?

Learn Genesis 18:14 "Is anything too hard for the LORD?"

Talk about a time when you found it difficult to wait? Christmas, Birthday, etc. Share how Abraham and Sarah had to wait a long time for Isaac to be born.

Explain how waiting doesn't mean no, and we must be patient. Talk about how God answers prayer. Sometimes He says yes, sometimes He says no, but other times He says wait.

Share how sometimes God makes us wait for a better time.

Think about how Abraham was surprised by the arrival of the three men. Share how God often works in times that we don't expect. Share a time when God worked in your life in an unexpected way or time.

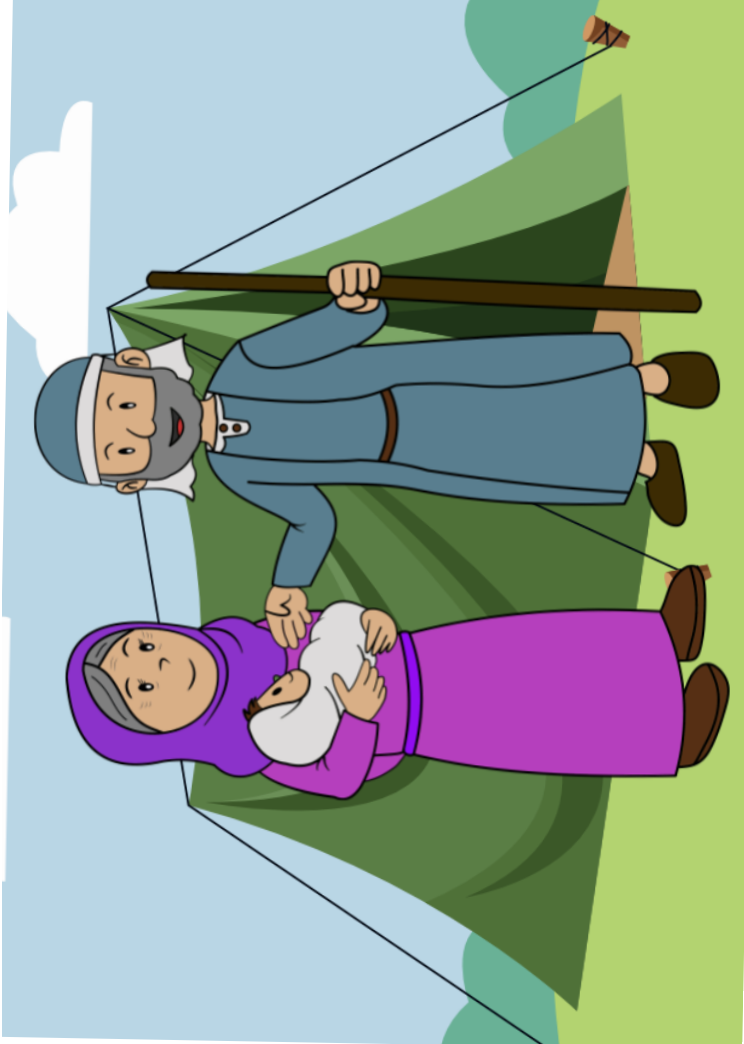
Reflect on some other promises God has made in the Bible. Show how God always keeps His promises.

Video playlist



inc video lesson





Abraham and Sarah had their promised son.

They named him Isaac, which means “laughter.”

God kept His promise to Abraham and Sarah.

Nothing is impossible for God.

Abraham and Sarah loved Isaac and taught him all that God had done and promised.



# Isaac is born

Abraham and Sarah had waited a long time for a son.

Each night, they would look at the stars in the sky and remember God’s promise.

“Your descendants will be as many as the stars.”

But now even one child seemed impossible.

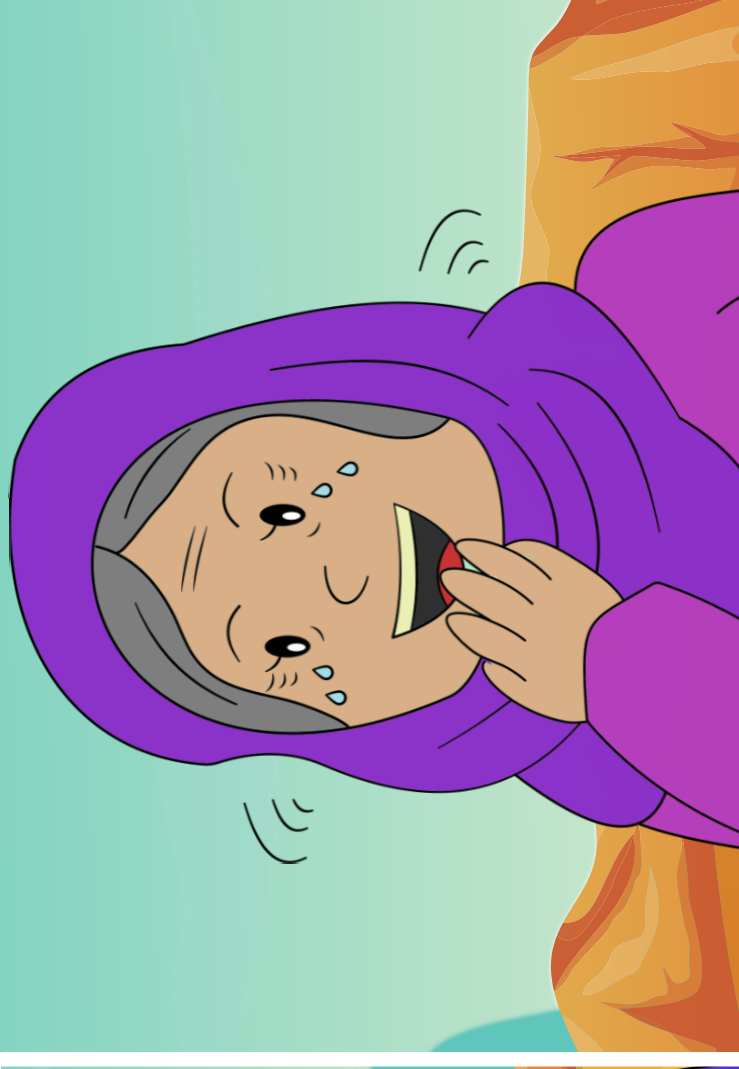
Abraham and Sarah were too old.



One day, Abraham was surprised by three men standing near him. Abraham did not know them, but He got up quickly to greet them and asked to prepare them a meal.

One of the men asked, “Where is your wife Sarah?”

“I will return to you next year, and your wife Sarah shall have a son.”



Sarah heard the man from her tent.

She had waited so long for a son. Now she was too old.

When she heard the man, she laughed out loud.

The man asked, “Why is Sarah laughing? Is there anything too hard for the Lord?”



# Games and Activities

## Bread Baking

In Genesis 18:6, Abraham hurried into the tent to Sarah and said, "Get the finest flour and knead it and bake some bread."

On the following page, there is an easy bread recipe. Feel free to swap it for another bread recipe or family favorite.



## Shopping list

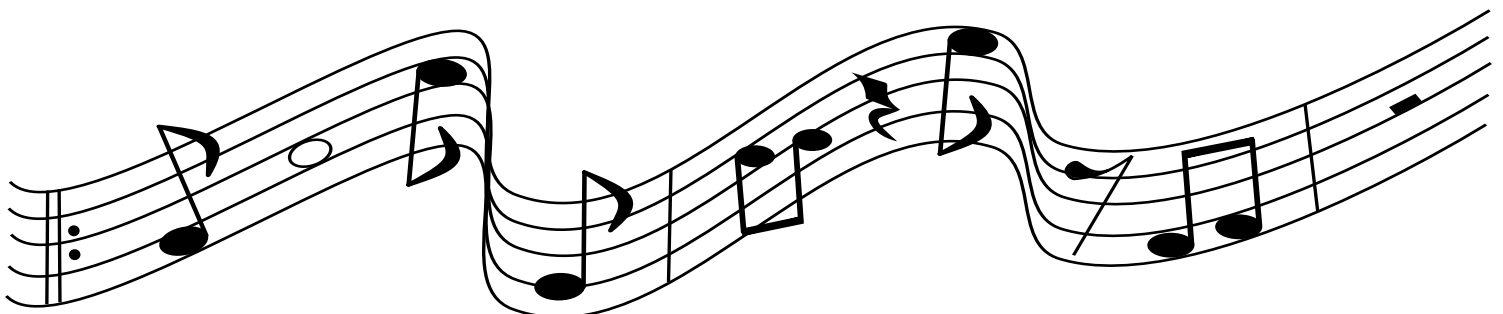
In order to prepare the meal for the guests, Abraham made a list of things that needed to be done.

Plan a meal together and make a shopping list. Then go to your local shop and allow your child to find the items and check them off the list.

## Musical statues

A classic party game. When the music stops everyone must freeze and wait until the music begins again.

This will help teach the importance of waiting for the right time.



# Wholemeal Bread Rolls

Abraham baked bread for his 3 guests. Baking gives us a great opportunity to learn about waiting.

As you wait for the bread to grow and bake. Talk about how Abraham and Sarah had to wait for God's promise. Waiting for something that is promised.



## You will need:



4 cups

Wholemeal  
Bread Flour



1 small  
pack yeast  
(2 ¼ tsp)



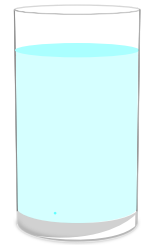
3 Tbsp

Vegetable Oil



½ tsp

Sugar



1 ¼ cup

Warm Water

## What to do:

Pre-heat the oven to 375oF

Mix all ingredients to a smooth dough and then knead for 10 minutes

Place in a lightly oiled bowl and cover with cling wrap, leave to rise until it has doubled in size, approx. 45 minutes.

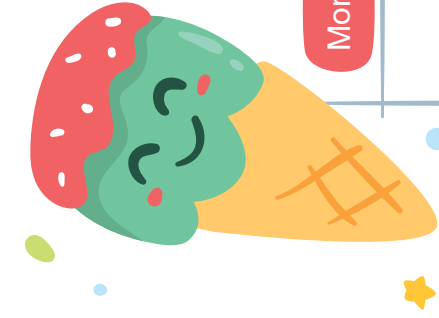
Roll dough into a long sausage shape and divide in 8.

Roll the dough into balls or shapes and place on a baking tray

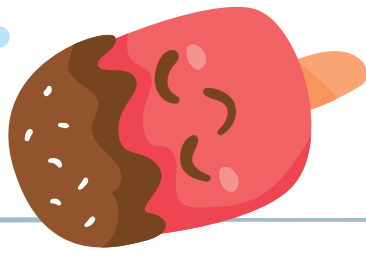
Leave the bread until doubled in size approx. 30 minutes

Bake for 20-30 minutes until golden.

# My Week

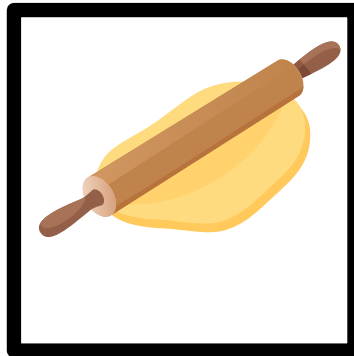
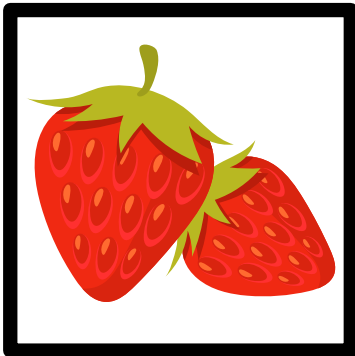
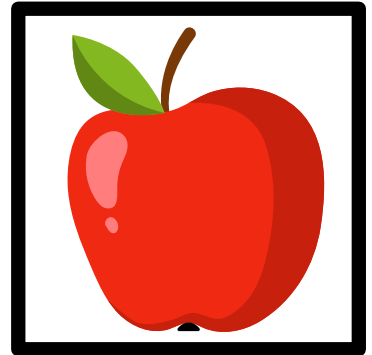
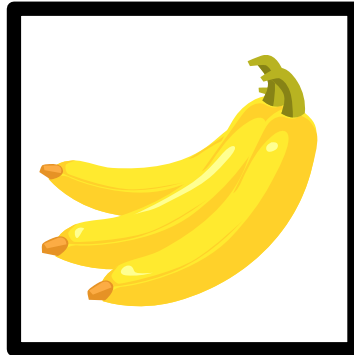
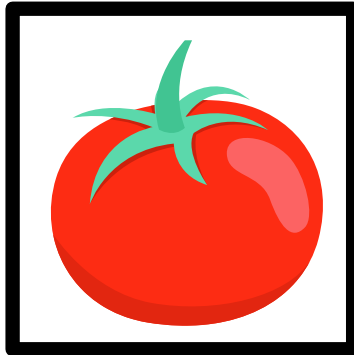
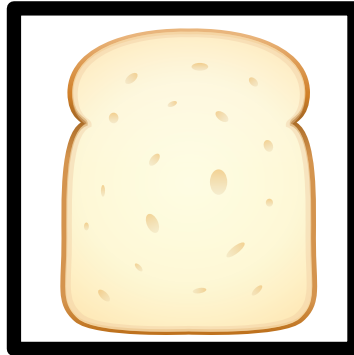
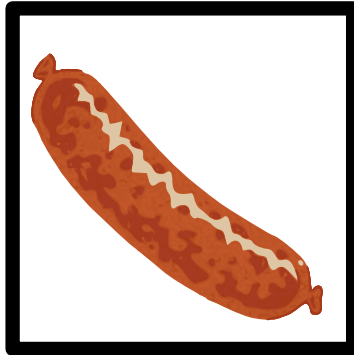
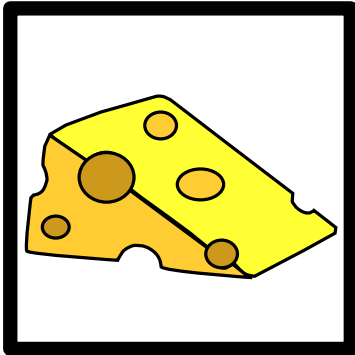
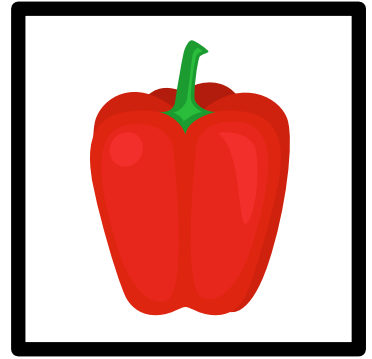
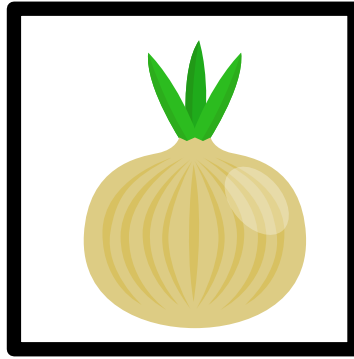
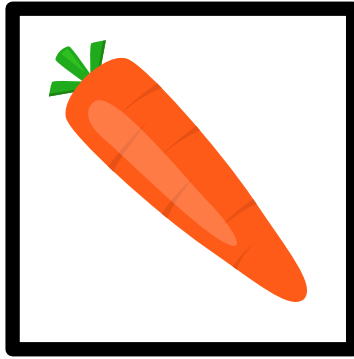
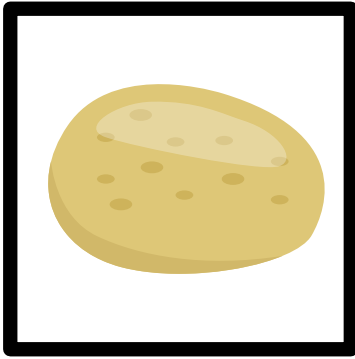


| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
|        |         |           |          |        |          |        |



# Wait on Good

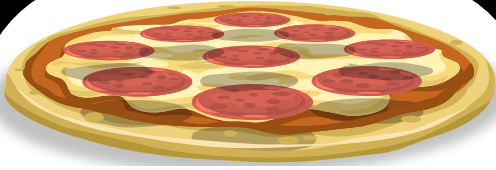
Cut out the squares. Ask child to name foods.  
Keep to use with recipe cards on following page.



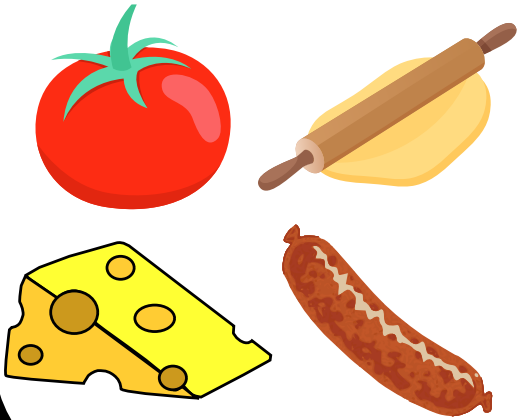


# Recipe Cards

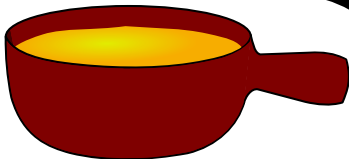
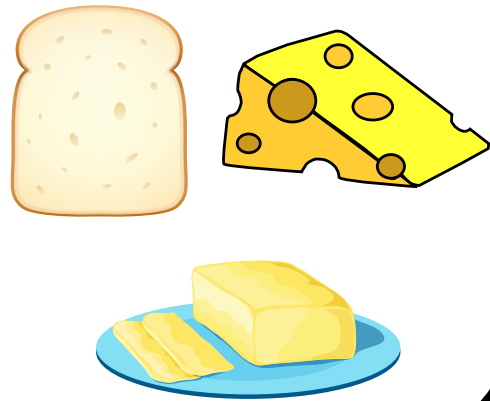
Match the foods to prepare the following meals



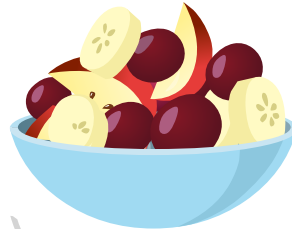
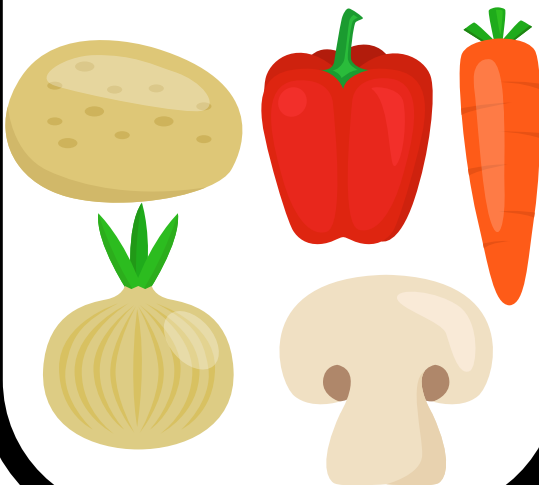
Pizza



Cheese sandwich



Vegetable soup



Fruit Salad



# 3D Tent - Isaac's Birth



## What you need

- Template
- Colored paper
- Coloring pencils or crayons
- Scissor
- Glue

## What to do



Print out and color template page



Cut out a paper Triangle the size of the tent Make a cut in the middle until about  $\frac{3}{4}$  inch from the top



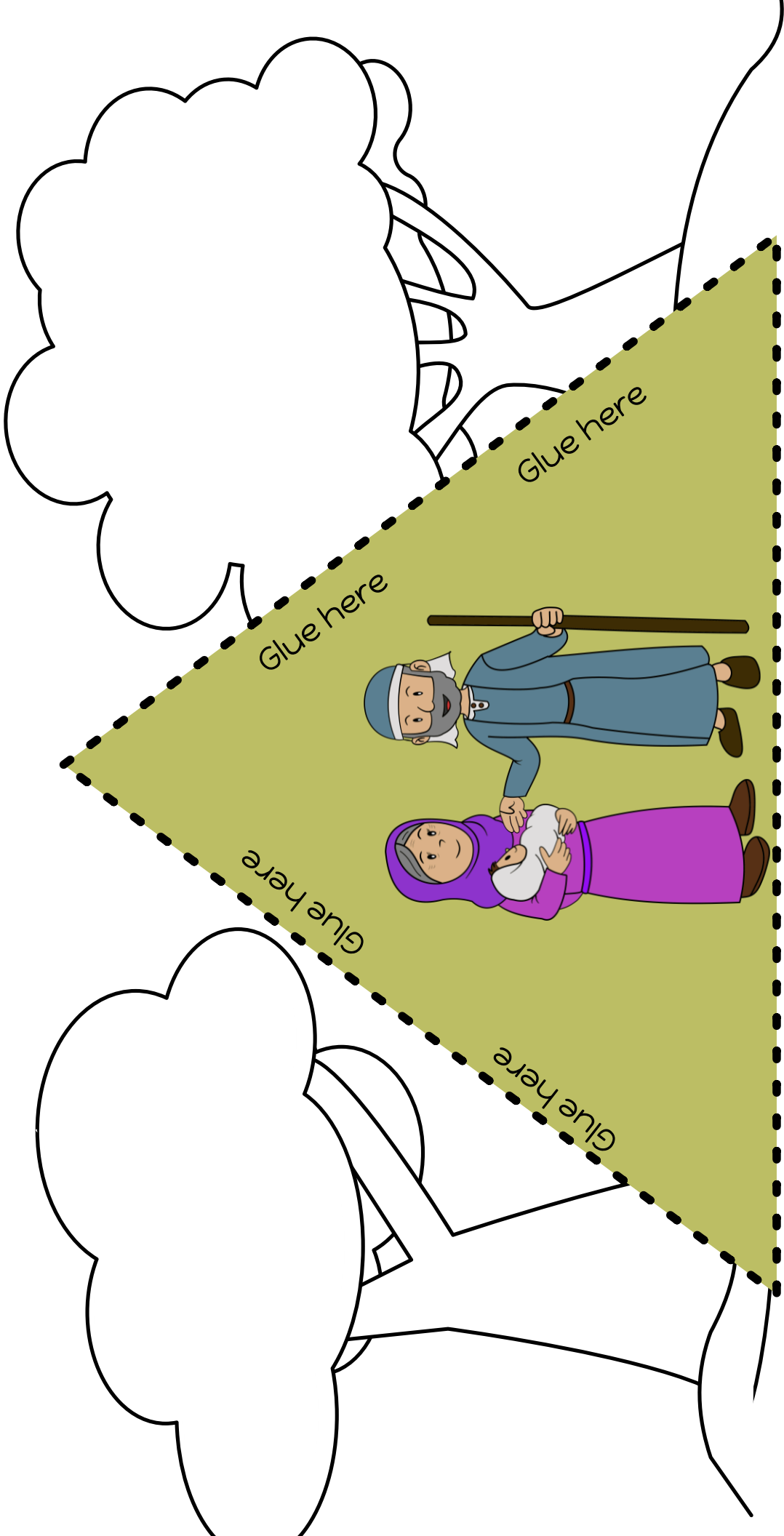
Glue on the tent where shown. Fold back to create Flaps on tent.



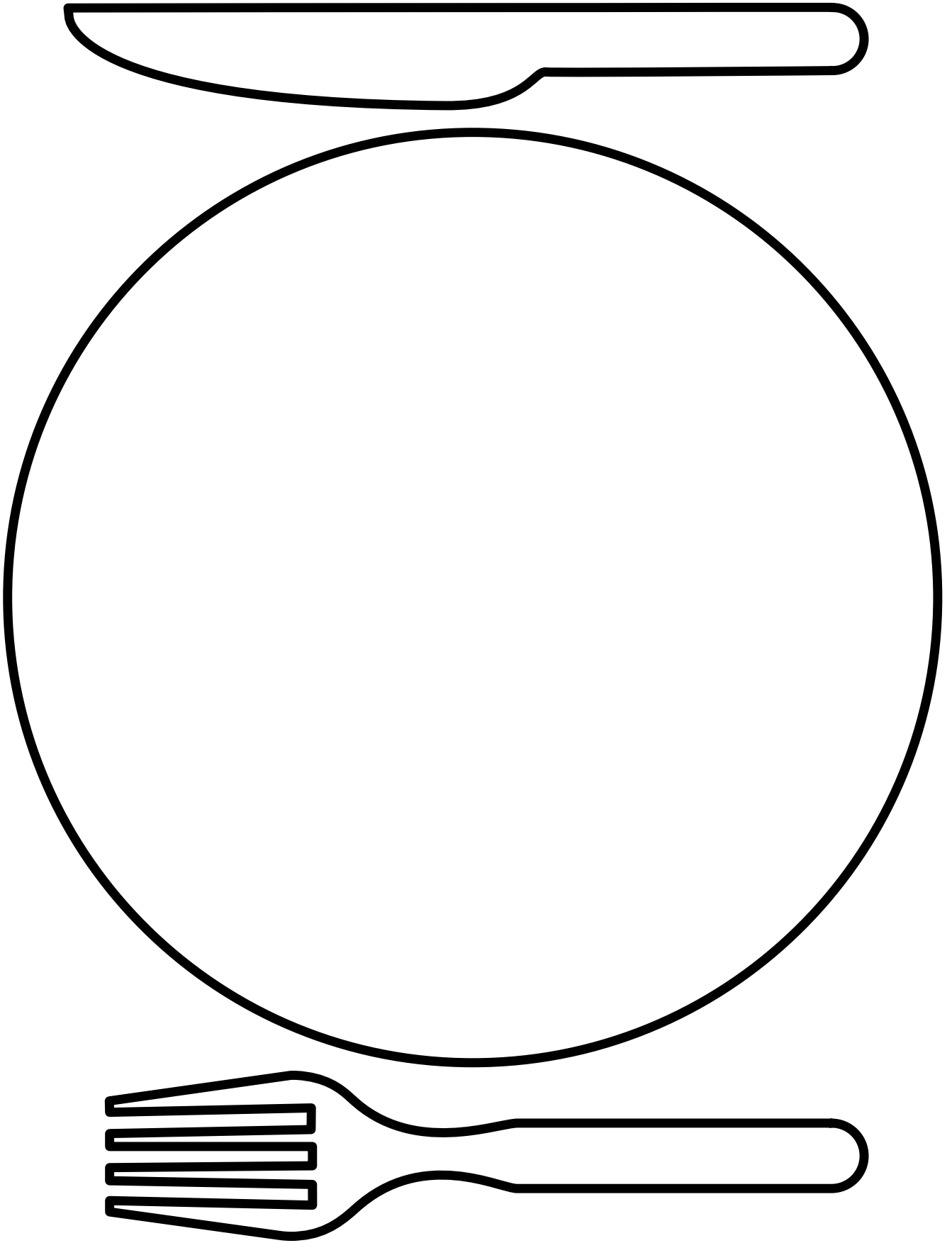
<https://youtu.be/IATkc9jUtx4>

# Is anything too hard for God?

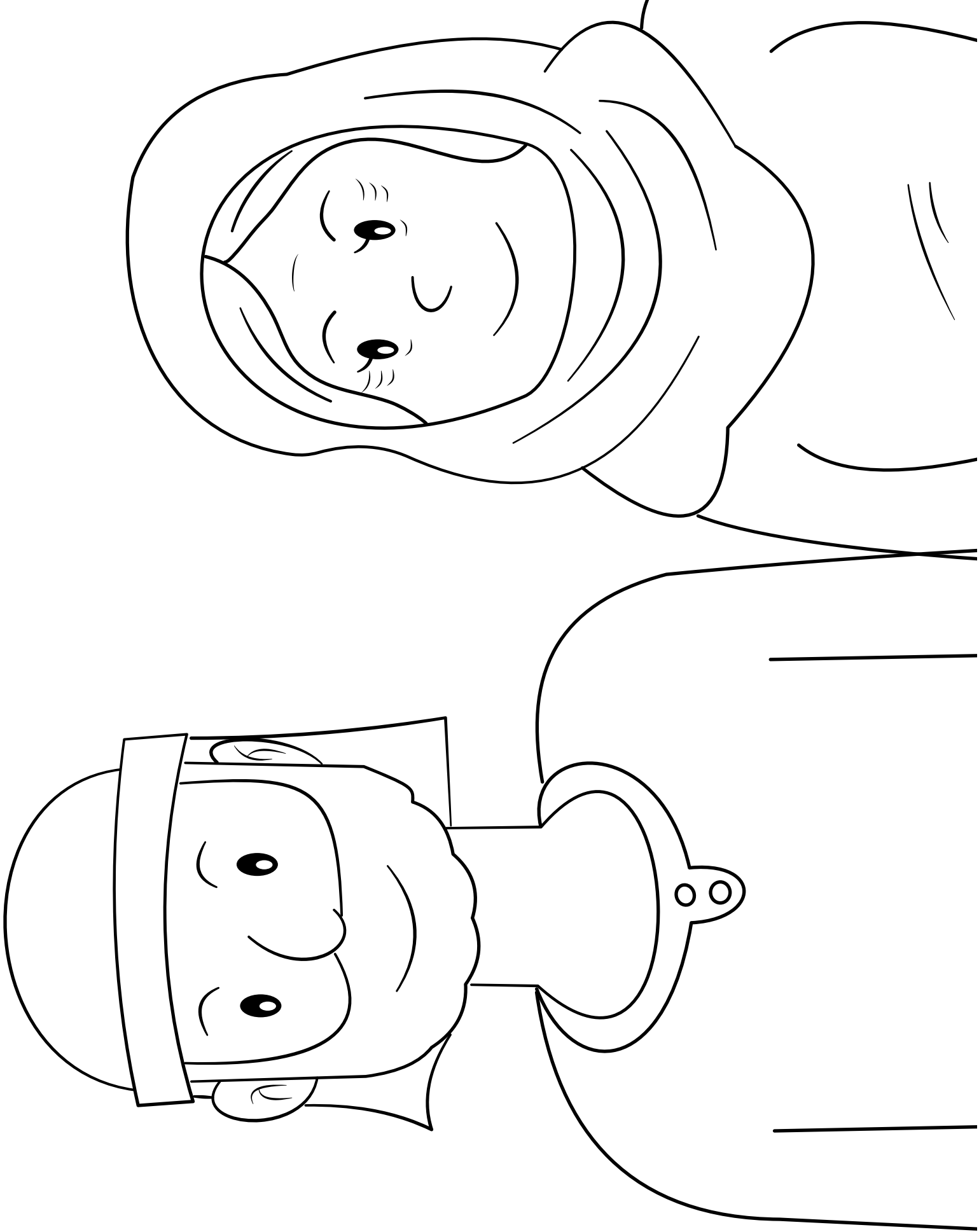
Genesis 18:14

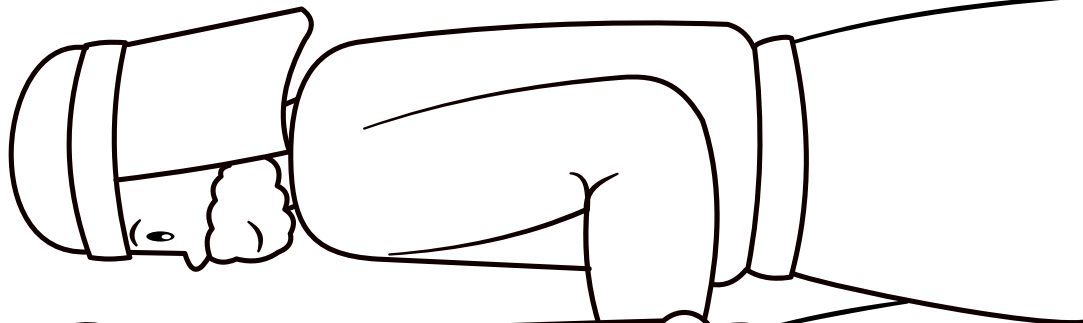
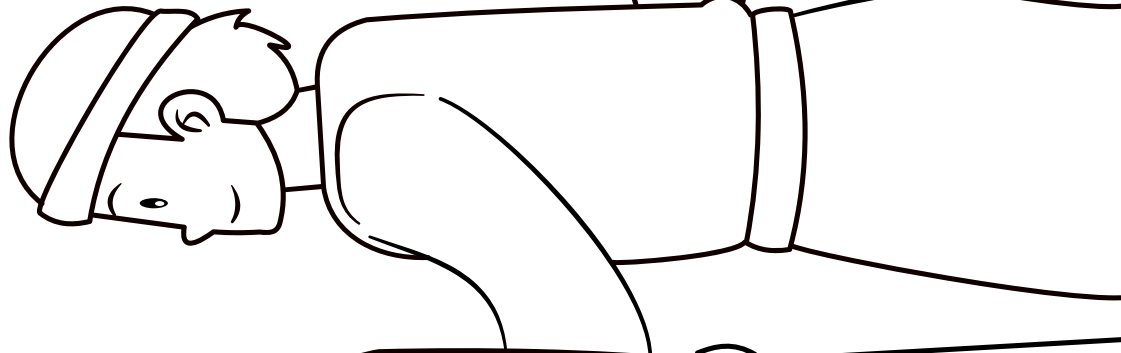
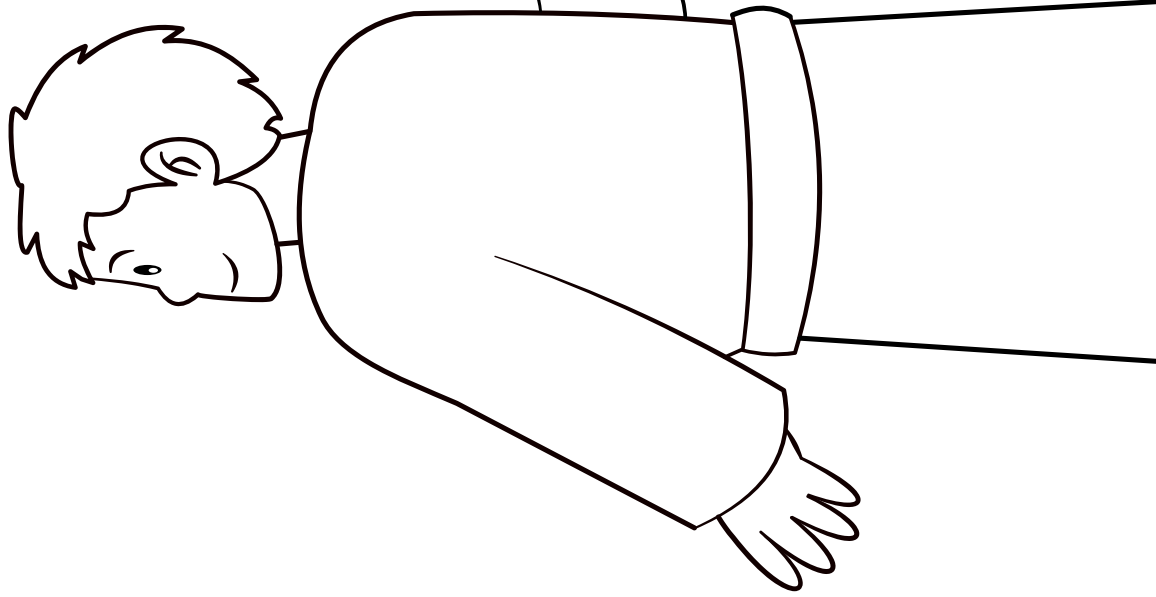
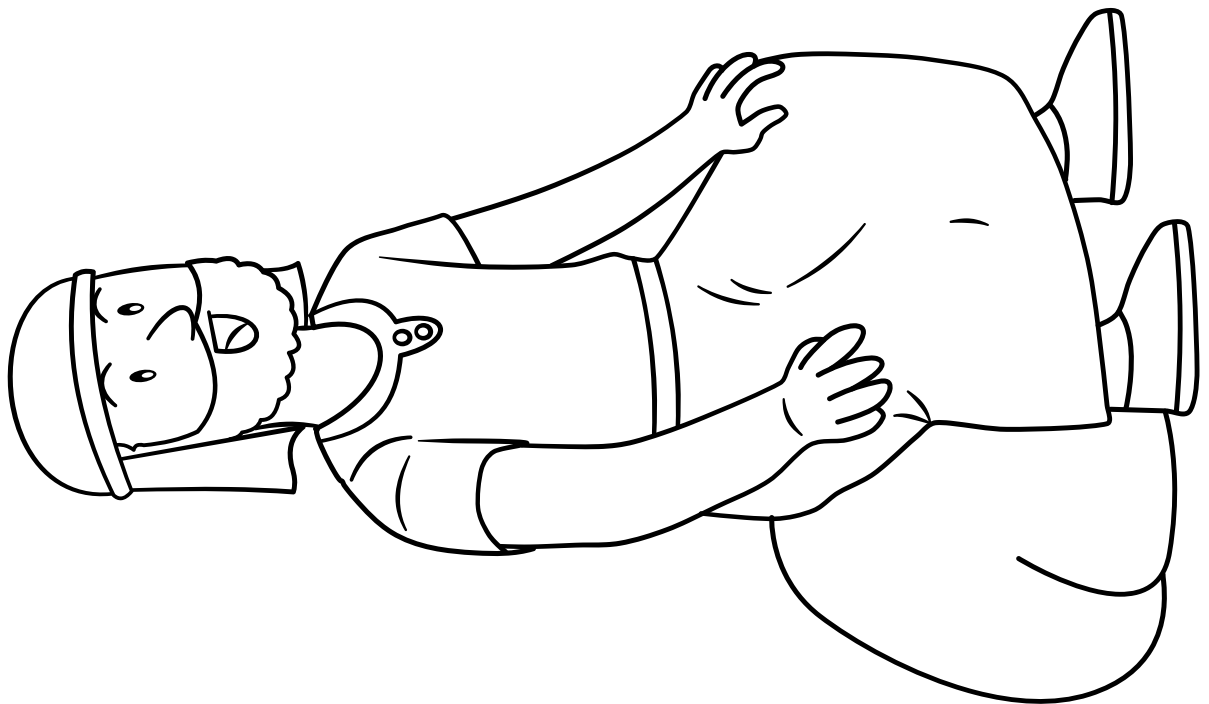


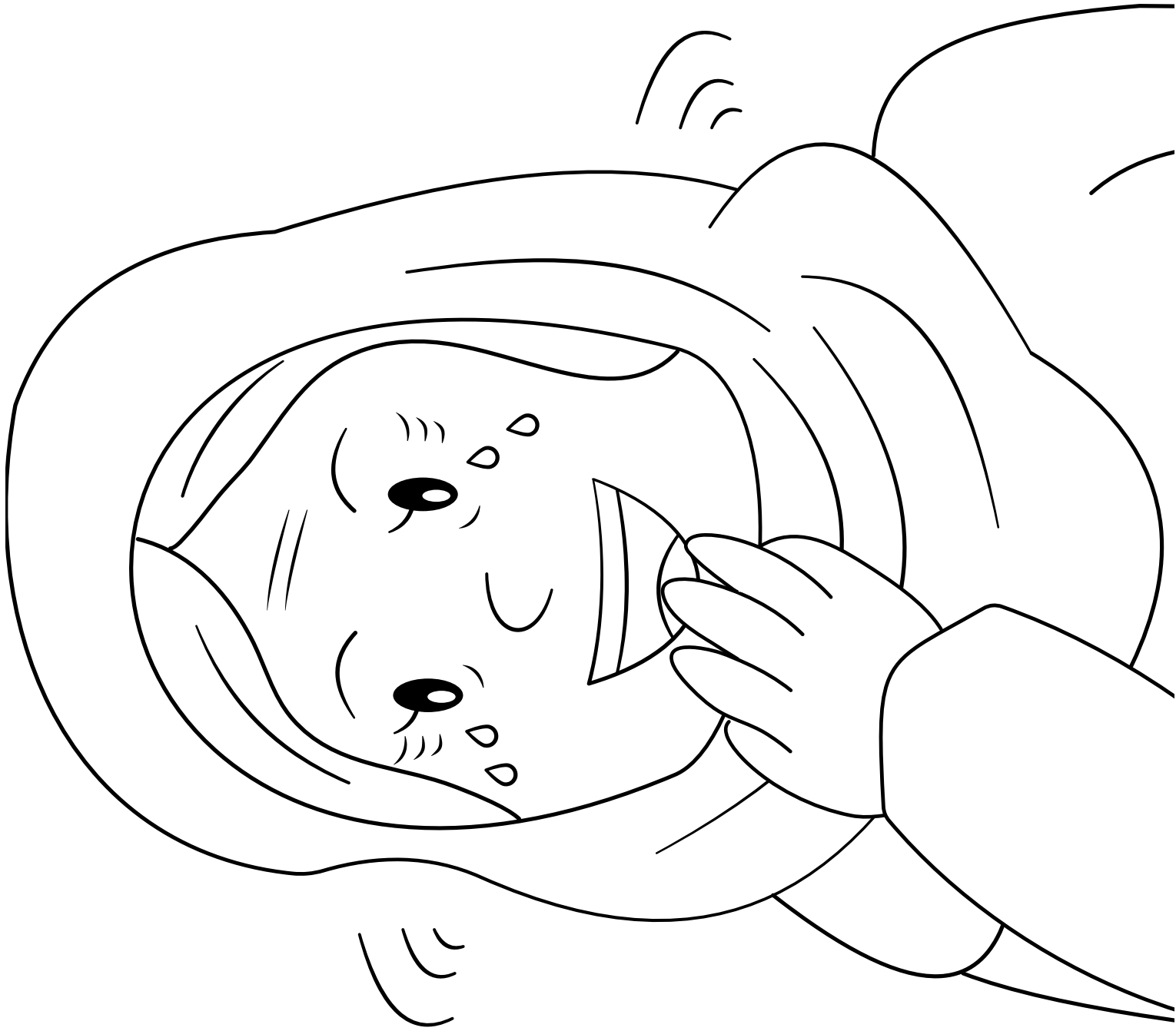
Draw a picture of your favorite food















# Worship Time

Father Abraham

[https://youtu.be/5o\\_J30x6E6s](https://youtu.be/5o_J30x6E6s)

God Always Keeps His Promises

<https://youtu.be/WzrFkvn1LGg>



## Prayer Time



Say “thank You” to God for His promises

Ask God to help you wait for His perfect time.

## Next Week

Abraham and Lot

If you haven't already done so, sign up to receive future lesson by email.

