



Handouts for Week of November 13, 2023- “Soul and Body”

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SOUL: Attributes and Qualities

A way to study the subject on “Soul” is to look up all the attributes and qualities that one can think of about Soul.

Think about ‘**what Soul is,**’
And ‘**what Soul does,**’ and
‘**what Soul frees me from.**’

Here is my list, but I always am working each week to add to it. I try to affirm and acknowledge that these qualities are a part of my natural being. I reflect Soul because God IS Soul. The kingdom of Soul is within me.

Article on “Soul”
Unity of Good- 28:1-30:27

“What are body and Soul?
Identity is the reflection of Spirit, the reflection in multifarious forms of the living Principle, Love. Soul is the substance, Life, and intelligence of man, which is individualized, but not in matter. Soul can never reflect anything inferior to Spirit. 477:19-25

“Soul is the one infinite spiritual selfhood, the one divine, self-existent, eternal individuality, infinite entity.”

Words that describe Soul:

The character, individuality, identity of man

Characterizes and distinguishes all being, giving significance, depth, meaning, grace. MY 206:1

Soul is an entity conceived as the essential substance or actuality

The cause of individual life

The principle or force of anything, substance or life
Principle of thought and action in man, the essence, heart, animating force

Identical with Mind, Truth, Love
Creativity
Precision
Harmony
Music and art
Spiritual sense
True vision
Only faculties
Humor
Eloquence
Resourceful
Whole
Flexible
Peaceful
Intact
Unique

Inspired
Spontaneous
Rejoicing
Calm
Pure
Essence
Discerning
Content
Healed
Holy
Gracious
Intuitive
Discerning
Insightful
Satisfied
Refreshed
Original
Graceful
Immortal
Imperishable
Joy
Rejoicing
Unlimited
Unconfined
Inspired
Opposite of material sense

Spiritual sense;
discernment; perception

True beauty, symmetry, serenity, dignity, integrity

Perfection and harmony of spiritual form, outline, color

Sinless
Completeness
Holiness
Soundness
Steadfastness

“Soul: Attributes and Qualities” . . . continued”

Fulfillment
Confidence
Divine assurance
Radiance
Poise
Winsomeness
Comeliness
True charm
Attractiveness
Vital part
Breath of life
Nobility
Mind
Intellect
Reason
Understanding
Intelligence
Ego
Inner self
True being
Heart
Center of emotion
Essential part
Essence
Substance
Sum and substance
Embodiment
Identity
Individuality
Structure
True selfhood
Source, origin
Godlikeness
Divine capacity and ability

Happy disposition and inner glow

True happiness
Normality
Bliss
Beauty

Quiet assurance that all is well

True consciousness
Esthetic sensitivity

Right sense of true individuality as opposed to personality

Courage
Bravery

What Soul Does:
Frees
Gives infinite resources
Superior law
Loves
God is Soul: unchangeable and eternal
Governs all
Attributes of Soul are manifested through man

The exercise of the senses of Soul which enables man to heal spiritually by the discernment of the true selfhood of others

A sensitivity to Godlikeness inspires
Reflects God
Has dominion

What Soul frees me from:
Physical sensation
Pain
Blindness
Lack of control
Belief that soul is in body
Physical senses
Physical passion and appetites
Material consciousness

Mortal mind
Birth
Growth
Maturity
Decay in matter
Depression
Loneliness
limitation
Ignorance
Lack of understanding
Sin
Age
Soul is not in matter

QUALITIES THAT DESCRIBE

SOUL:

Only one
Specific
Eternal
Unique
Art of being
All right ideas arranged with the structure of Love
Permanent
Never born and never dying

Not one quality underived from God

Has infinite resources

Reign and rule of universal harmony

Whole: nothing lacking
No loss of substance,
No fragments, no
Missing pieces

What Soul is not:

Anxious
Distressed
Inharmonious

“Soul: Attributes and Qualities” . . . continued”

Discordant

Never awkward, ugly dull,
plain, lacking in color,
character, individuality

Never mediocre, shallow,
superficial, shy, self-
conscious

Never sensitive, fearful,
personal, inferior,
indeterminate

Never indefinite, vague,
vacuous

Never blind, deaf, mute



Mt. Sinai



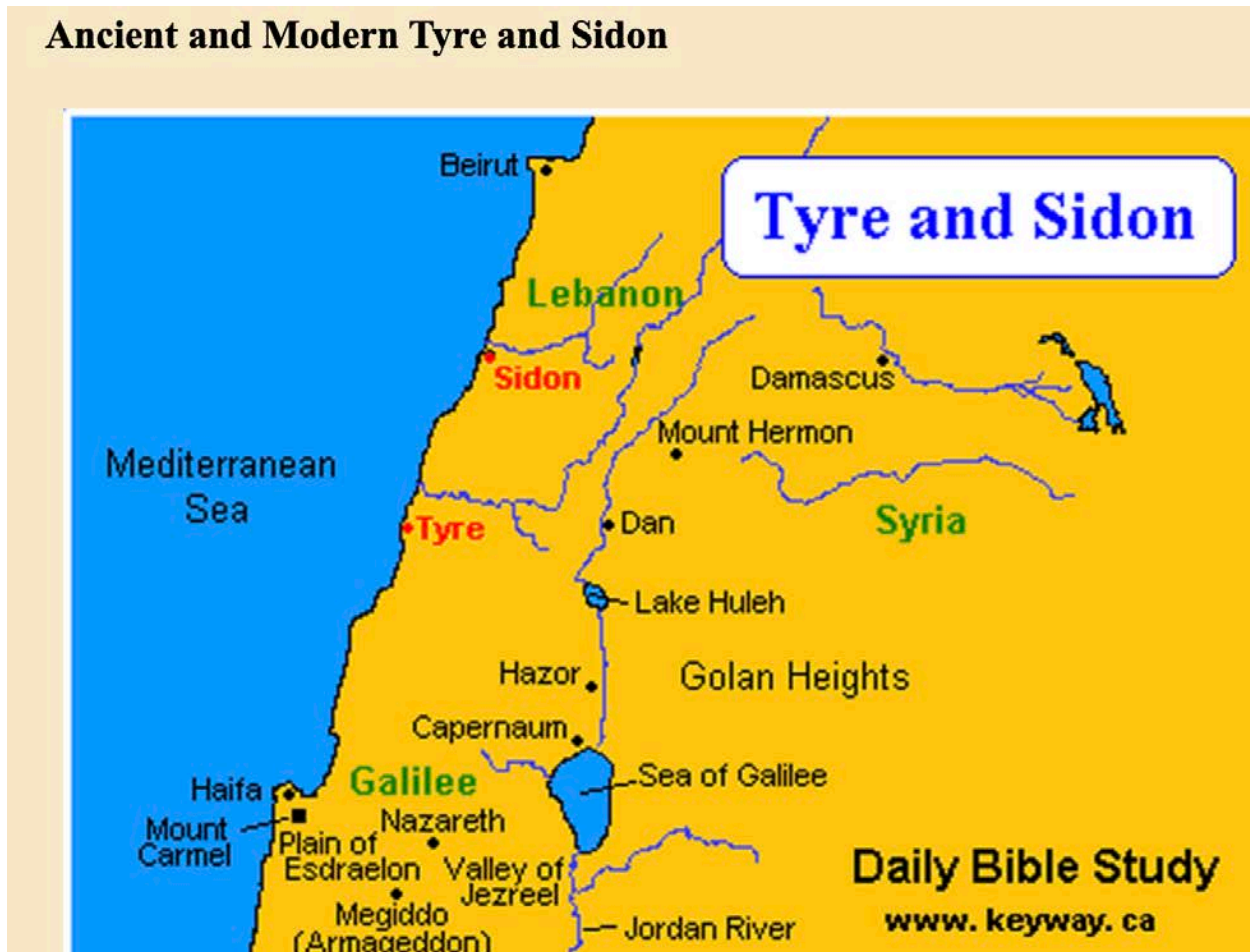
Moses turns aside to see the Burning Bush



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Map of Tyre & Sidon

Ancient and Modern Tyre and Sidon



Elijah Raises the Dead





Kings of Israel & Judah

Kings of Israel and Judah

Saul, David, Solomon

Israel	Judah
Jeroboam, bad, 930-909 BC	Rehoboam, bad, 933-916 BC
Nadab, bad, 909-908 BC	Abijah, bad, 915-913 BC
Baasha, bad, 908-886 BC	Asa, good, 912-872 BC
Elah, bad, 886-885 BC	Jehoshaphat, good, 874-850 BC
Zimri, bad, 885 BC	Jehoram, bad, 850-843 BC
Tibni, bad, 885-880 BC	Ahaziah, bad, 843 BC
Omri bad, 885-874 BC	Athaliah, bad, 843-837 BC
Ahab, bad, 874-853 BC	Joash, good, 843-803 BC
Ahaziah, bad, 853-852 BC	Amaziah, good, 803-775 BC
Joram, bad, 852-841 BC	Uzziah, good, 787-735 BC
Jehu, good (sort of), 841-814 BC	Jotham, good, 749-734 BC
Jehoahaz, bad, 814-798 BC	Ahaz, bad, 741-726 BC
Joash, bad, 798-782 BC	Hezekiah, good, 726-697 BC
Jeroboam II, bad, 793-753 BC	Manasseh, bad, 697-642 BC
Zechariah, bad, 753 BC	Amon, bad, 641-640 BC
Shallum, bad, 752 BC	Josiah, good, 639-608 BC
Menahem, bad, 752-742 BC	Jehoahaz, bad, 608 BC
Pekahiah, bad, 742-740 BC	Jehoiakim, bad, 608-597 BC
Pekah, bad, 752-732 BC	Jehoiachin, bad, 597 BC
Hoshea, bad, 732-722 BC	Zedekiah, bad, 597-586 BC

Isaiah →

90 Years

463 Years



Judean Wilderness





Judean Wilderness (the Temptations)

